

## MEDICAL HISTORY AND ATHLETICS PHYSICAL EXAMINATION

ATHLETES NAME \_\_\_\_\_ YAMPAH MT HS GRADE \_\_\_\_\_  
Please Print School 15/16

Parents: Please fill in the questionnaire below (parts A & B) and the PARENT PERMISSION on the back and sign before your child's examination. This will give the examining physician important information regarding your child's medical history. The completed and signed form must be brought to the examination. Note that if any questions in Part B are answered yes, the athlete's regular physician must do the exam.

### A) **HISTORY**

(must be filled in and signed by parent **before** exam and brought to exam by athlete)

1. List any serious illnesses, past or present \_\_\_\_\_
2. List any operations \_\_\_\_\_
3. List any severe injuries (concussions, fractures) \_\_\_\_\_
4. List and food or drug allergies \_\_\_\_\_
5. Is child on any medication? (please list) \_\_\_\_\_
6. Any history of heart problems? \_\_\_\_\_
7. Any history of asthma or other lung problems? \_\_\_\_\_
8. Any history of epilepsy or seizures? \_\_\_\_\_
9. Any history of kidney problems? \_\_\_\_\_
10. Any History or bleeding problems? \_\_\_\_\_
11. Any history of knee, back or other musculodkeletal problems? \_\_\_\_\_
12. Any other pertinent information? \_\_\_\_\_

### B) **QUESTIONNAIRE** (must be filled in and signed by parent)

If any questions in Part B are answered yes, the athlete's regular physician must do the exam.

1. Have you ever passed out during or after exercise? \_\_\_\_\_
2. Have you ever had severe chest pain during or after exercise? \_\_\_\_\_
3. Do you tire easily, compared to your friends? \_\_\_\_\_
4. Have you ever been told of a heart murmur? \_\_\_\_\_
5. Have you ever had palpitations of your heart or skipped beats? \_\_\_\_\_
6. Has anyone in your immediate family (mother, father, sibling) died of heart problems or died suddenly before the age of 50? \_\_\_\_\_
7. Do you use any 'street drugs' (cocaine, amphetamines, etc)? \_\_\_\_\_
8. Have you ever been denied participation in sports? \_\_\_\_\_

**PARENT'S SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

**PHYSICAL EXAMINATION**

Age \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_ Blood pressure \_\_\_\_\_ Urine:Albumin \_\_\_\_\_ Sugar \_\_\_\_\_

	<b>NORMAL</b>	<b>ABNORMAL</b>		<b>NORMAL</b>	<b>ABNORMAL</b>
HEENT (including teeth)	_____	_____	BACK	_____	_____
HEART	_____	_____	LEGS, FEET, JOINTS	_____	_____
LUNGS	_____	_____	SKIN	_____	_____
ABDOMEN	_____	_____	NEUROLOGIC	_____	_____
GENITALIA (males only)	_____	_____	HERNIA	_____	_____
			OTHER	_____	_____

**RECOMMENDATION**

- \_\_\_\_\_ Okay for all sports
- \_\_\_\_\_ Needs further medical evaluation (contact your family physician)
- \_\_\_\_\_ Limited participation (describe) \_\_\_\_\_

DOCTOR'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**MOUNTAIN BOCES/YAMPAH MT HIGH SCHOOL ATHLETIC PARTICIPATION**

**PARENT PERMISSION**

Although participation in supervised athletic programs and activities is among the least hazardous activities in which any student will engage either in or out of school, the very nature of these programs does create potential for injury. Parents should be aware that the chance of injury is present while students are participating in school activities or athletics. Those parents who do not wish to expose their students to this possibility should not sign this permission form.

By my signature, I, as parent or guardian of \_\_\_\_\_ give my permission for him/her to participate in Mountain BOCES/Yampah Mt High School athletic programs, except those crossed out below. I understand that participation in this activity is voluntary.

ACTIVITY: **ICE HOCKEY**

I also confirm that I have completed the online registration required by Mountain BOCES/Yampah Mt High School at [www.ymhs.org](http://www.ymhs.org) and acknowledge that it is complete and up to date.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_